



Have we lost our way...?

Conference held by the Icelandic Mental Health Alliance (Geðhjálp) in cooperation with the professional association of Icelandic psychiatrists, social workers, occupational therapists and psychologists about psychiatric diagnosis, misuse of medicine and institutionalization. Guest of honor is the famous, American psychiatrist, lecturer and author of the book *Saving Normal*, Allen Frances.

Gullteigur, Grand Hótel 15th of June 2016.

Moderator of the conference is Héðinn Unnsteinsson.

Official language is English.

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| 13.00 – 13.15 | Introduction
Hrannar Jónsson, president of Geðhjálp. |
| 13.15 – 15.00 | Psychiatric Diagnosis: Its Uses and Misuses
Allen Frances, psychiatrist, about his emphasis in producing the fourth revision of Diagnostic and Statistical Manual, <i>DSM4</i> , critique of the current version, <i>DSM5</i> , inflation of diagnostics, over and under treatment and the Icelandic record of medicine use in the mental health sector. |
| 15.00 – 15.15 | Coffee-break. |
| 15.15 – 15.25 | There is nothing wrong with me but something happened!!
Lived experience by Einar Björnsson. |
| 15.25 – 15.35 | The truth will set you free
Lived experience by Auðna Ýrr Oddsdóttir. |
| 15.35 – 16.30 | Panel discussion
Héðinn Unnsteinsson moderates panel discussion with the participation of Allen Frances, Hrannar Jónsson on behalf of Geðhjálp, Þórgunnur Ársælsdóttir on behalf of the Icelandic psychiatrist association, Gunnlaug Thorlacius on behalf of the Icelandic social workers association, Sylviane Lecoultre on behalf of the Icelandic occupational therapists association og Bóasar Valdórsson on behalf of the Icelandic psychological association. |



Please sign up by sending an email with name of the participant and the name and personal number of the payer to verkefnisstjori@gedhjalp.is Admission is kr. 2.000, free for members of Geðhjálp. To sign up for Geðhjálp, please look up www.gedhjalp.is. The book *Saving Normal* will be available in Eymundsson and by the entrance at the conference.